DREAM Health

What healthy feels like!

Brian Wilmovsky, D.C. C.C. W.P
Founder/President DREAM Health LLC

General Practice of Chiropractic
Certified Chiropractic Wellness Practitioner
National Board Accredited
Licensed in California and Washington

Private Practice
Bay Center Chiropractic
Olympia, WA
1991 – Present

Education
D.C. Palmer College of Chiropractic
West Sunnyvale, CA
Dean's List 1990
Centralia College
Centralia, WA
Dean's List 1987

Professional Associations
Member Washington State Chiropractic Association
Founder Chiro-Feed Christian Charity
Chiropractic Coach Power Zone

Lecturer
Life West Chiropractic College

About DREAM *Health*

By age 14 this man knew that God had a special plan for his life. The Lord filled Dr. Brian's heart with a love and joy that has carried him through and permeates his life today. It is his compassion and love for people that drives him to fulfill his mission of inspiring people to apply the scripture that hangs in his office:

The DREAM Health Program

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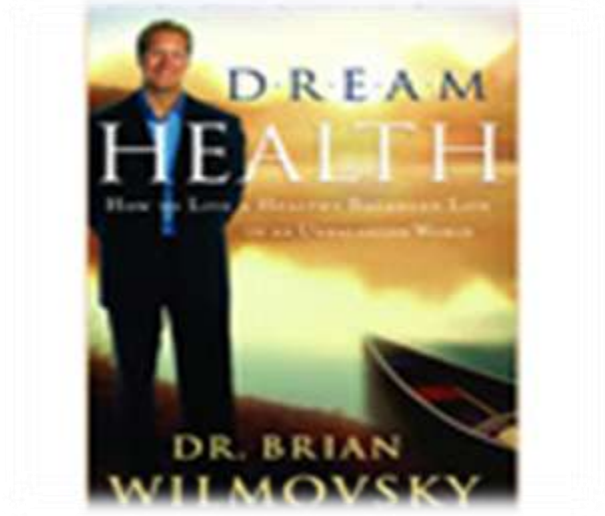
"Do you not know that your body is a temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. You must honor God with your body."
Dr. Brian has applied this time-honored principle to his life with great success. A black-belt in Karate, he uses every morning to find Christ-centered focus to sustain him throughout his busy day. The doctor's daily regimen includes:

- Early morning cardio in nature – walking/running
- Inspirational reading 20-30 minutes
- Stillness praying 10 minutes

A Washington native, Dr. Brian enjoys spending time at home with his wife and their two children – daughter Hunter, and son Ethan. Neither of their children has ever had a single prescription or innoculation in their lifetime. As for Dr. Brian and HIS house, they are "living the dream" that is – DREAM Health in accordance with God's design.

DREAM Health Products

DREAMComplete Liquid Vitamin and Mineral Supplement**$44.95**



DREAM Health, by Dr. Brian Wilmovsky**$9.95**

Products

DreamFlex Full Spectrum Bone & Joint Support Formula**$36.95**

DreamCleanse**$37.95**

Testimonials

5 Star Review

Review: "I am 64 years old and have chronic tendonitis and osteoarthritis. I started using Dreamflex in April of 2009 and saw an improvement in my hands after using it for five days. Previously, I could not bend my pointer finger any further down than to the tip of my thumb and all of my fingers were beginning to curl. I could not lay my fingers flat on the table. Now, after taking DreamFlex, I can bend my fingers all the way in and make a fist and can lay all of my fingers out flat. I believe that the Lord worked through Dreamflex and also through prayer that was sent up for my healing. The shooting pain in my fingers and other parts of my body have stopped."

Jan Roe, Massachusetts, July 18th, 2012

5 Star Review

Review: Between Chiropractic Care for the last 3 years and taking DreamFlex over the 9 months my neck spasms that I've had over the last 5 years have decreased significantly and in the last year I've only had one minor spasm wheras in the last 5 years I would get them every couple of months. So between my chiropractic care and I feel this dreamflex I have almost completely gotten rid of my neck spasms.

Tony - Wrestling Professional, , July 10th, 2012

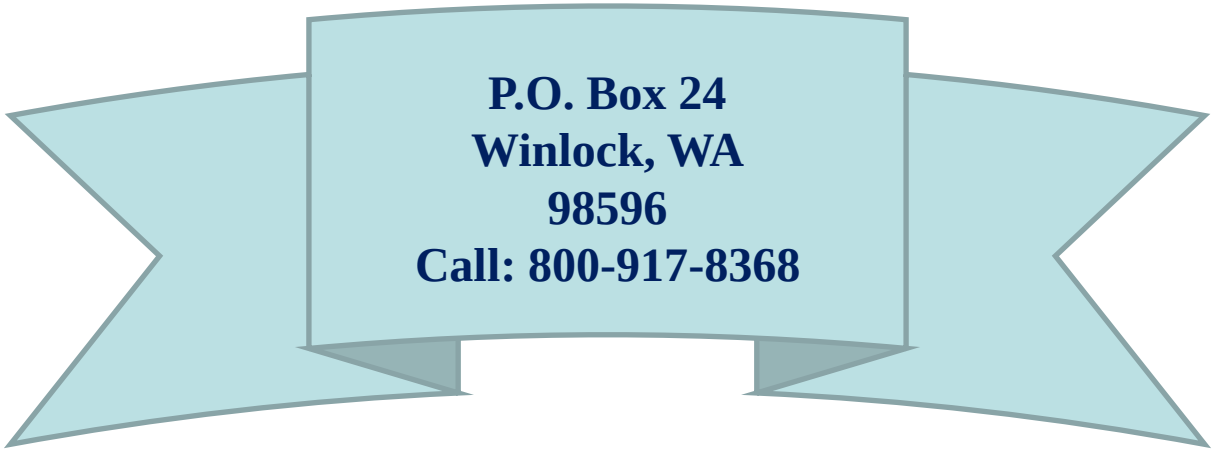
The DREAM *Health* Program

You probably already have some idea what healthy living is all about, and if you're like many of us, you've already incorporated some healthy activities into your daily life. DREAM *Health* is about simplifying all the elements of healthy living into five balanced categories: D – R – E – A – M. The result is an easy-to-understand program that yields effective long-term results.

Diet	**Sometimes the easiest things to understand are the hardest to put into practice. A DREAM Health diet simplifies the mess of conflicting diet advice out there into some basic guidelines.**
Rest	The thing people often want out of a healthy body is more energy. Ironically, the thing they often deny themselves is the rest they need to rejuvenate. DREAM Health offers some tips for getting more rest out of the rest you get.
Exercise	Of all the elements of DREAM Health, exercise is one many people already enjoy. DREAM Health helps you develop a balanced program that's easy to follow and results in a truly healthy body.
Alternative Care	By definition, this type of care is an alternative to typical medical treatment of sickness and Disease. DREAM Health alternative care treatments are designed to help you stay well and prevent sickness by building up your immune system.
Motivation	When you follow through on the promises you make to yourself, the results can be remarkable. In DREAM Health, motivation is as much about letting go of ego-driven stress, as it is about staying true to your true goals.

Contact DREAM Health

- **You can email us at customercare@dreamhealth.net, or use the following form.**



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